

ARYAN

Adolescent Empowerment Programme

A project prepared by

Shri. N.S. PrasannaKumar.

IAS

District Magistrate, Gadag.

Karnataka.

Assisted by Smt. Bharati Shettar.

District Child Protection Officer,

Gadag.

Kindly Submitted To UNICEF, Koppal

ARYAN

(Adolescent Empowerment Programme)

There is wide gender gap between male and female since long. Right now the gender ratio of India is 940, Karnataka is 968, and Gadag district is 978. Hence to lessen the gender ratio gap by welcoming girl child on priority and to improve the status of Girl children and strengthen the self-esteem of girl children and parents the Government has brought many schemes like Bhagyalakshmi, Kishorishakti, Stree Shakti, Sabala, Meena club etc. In spite of this the gender gap still is on the increase among the children of 0-6years age. In Karnataka according to the statistics of 2011 census the sex ratio of children below the age of 6 is 943, and in Gadag it is 944 as compared to 952, in 2001 census. Nevertheless everyone, including the NGO's are doing their best to improve the status of girl children.



Smit Bharati Shettar – DCPO,GADAG discussing about Aryan Project with UNICEF Officials

Engrossed in working to uphold the status of girl child, it is evident that we are neglecting the boys. UNCRC, National Policy for Children -2013 and Juvenile Justice (Care and protection of Children) Act 2000 defines 'child' as any **person** who has not completed the age of 18. Children are children and hence boys also cannot be neglected. According to the statistics available at the state there are 2054 cases of children in conflict with law before JJB; out of which 1992 are boys and 62 are girls. These are only the cases referred to JJB. The non-serious offences where the children have been counseled and sent home under principle of diversion under JJ Act are 10 times more. Recent reports show increased incidents of rape of minors by minors, eve teasing by college/school students, eloping, ragging and many other such events which lead to a

situation causing a lot of damage to the child's personality. So there is a need to introspect about the reasons of boys getting in conflict with law and socially deviant behaviour.

There are many possible reasons for children taking up such activities and getting in conflict with law. These reasons could be poverty, school dropouts, illiteracy among parents, negligence by parents, improper adolescent parenting, lack of proper access to health facilities, greediness to grow rich overnight, lack of guidance to parents and children, the attitude of public towards boys etc.

To tackle all such problems and direct the adolescent boys into socially accepted behaviours we need to rethink how to bring down the number of Crimes, Offences, Suicide, Self Destructive Activities etc. committed by children specially boys and shape their future by appropriate rehabilitation. We need to pay some attention to the boys aged between 11-18 years and help in having protective environment and healthy society. Adolescent period (11-18years) is an important formative period which shapes the life of millions of teenagers but adolescence is very vulnerable period where children will be drawn into activities that are detrimental to the growth of the child. Hence in this direction there is a need to develop strategic approach which will lead children specially the boys for a normal childhood. ARYAN is one such strategy in this direction. ARYAN is an imaginary name depicting a strong masculine character if moulded transformed into tremendous positive energy that result in nation building.

Objectives of the Intervention:

1. To provide adolescent development education to all boys and girls in the age group of 11-18 in Gadag District
2. To provide Life skill education to Adolescent boys and girls to strengthen their self esteem, knowledge and skills
3. To train a team of teachers to provide adolescent and life skill education in schools
4. To prepare training modules on adolescent and life skill education for the use of people working with adolescents
5. To set up Child guidance clinic and resource centre at Taluk level to provide individual and family counselling.

Purpose of Adolescent Empowerment Programme:

- To sharpen and strengthen the existing self-esteem, knowledge and skills of children.
- To improve all-round physical, mental, psychological and social development.
- To make them understand the physical, mental psychological transformation the children undergo during this age.
- To enable them to turn their potential energy to kinesthetic energy.

- To make them aware about issues like beggary, child labour, sexual abuse, child marriage etc.
- To protect themselves and their friends against violence, discrimination and exploitation.
- To help them mingle with girls in a healthy way.
- To help them to handle conflicts (emotional) through development of communication skills.
- To inculcate leadership quality.
- To adopt friendly attitude.
- To help them to know their strength and weakness.

Strategies :

1. Formation of Child Protection Committee's at G.P's (106).

- Children Gram Sabha

2. Adolescent Empowerment Programme.

3. Strengthening of SJPU

- Exposure visit of children to Police station.

- Strategies 1 & 3 will be implemented throughout Gadag district. However strategy 2 will be implemented only in 2 Hoblies of Gadag district i.e., Gadag Urban and Laxmeshwar.

Proposal Period : 1 Year

Budget required : 15 Lakhs

Implemented by DCPU Gadag.

Process :

* January 2nd week shall be the marked week to give training regarding formation of CPC to the Staff of DCPU who will act as resource person to train members of CPC.

** Orientation about the Project to Education Department Officials(DDPI, BEOs, BRCs).

*** January 24th on international Girl Child Day a training programme at the District level regarding Aryan Adolescent Empowerment Programme will be planned for 30 Presidents of

Gram Panchayats, 7 Presidents of Municipality, Taluka Panchayat president & ZP President, Vice President & members.

**** A drawing competition to children studying in 8th, 9th & 10th standard.

Budget :

* Resource Material: 11 * Rs.125.00 = Rs.1375-00

- Food : 11 members (DCPO + Protection Officers-2 + LPO + Counsellors-3 + Social Workers -2 + Outreach workers – 2) * Rs.100-00 = Rs.1100-00*2days=2200-00
- Honorarium & TA to Resource Person: Rs. 3500-00
- Miscellaneous Rs. 1500-00

Total Budget Requirement -1375-00 + 2200 + 3500+1500 = **Rs.7575-00**

** Resource Material: 15 * Rs.125.00 = Rs.1875-00

- Food : 15 members * Rs.100-00 = Rs.1500-00
- Honorarium & TA to Resource Person: Rs. 2500-00
- Miscellaneous Rs. 1500-00

Total Budget Requirement -1875-00 + 1500 + 2500+1500 = **Rs.7375-00**

***Resource Material: 60 * Rs.125.00 = Rs.7500-00

- Food : 60 members * Rs.125-00 = Rs.7500-00
- Honorarium & TA to Resource Person: Rs. 2500-00
- Miscellaneous Rs. 2500-00

Total Budget Requirement -7500-00 + 7500 + 2500+2500 = **Rs.20000-00**

**** Raw Material: 50 * Rs.75.00 = Rs.3750-00

- Food : 75 members * Rs.100-00 = Rs.7500-00
- Miscellaneous Rs. 2500-00

Total Budget Requirement -3750-00 + 7500 + 2500= **Rs.13750-00**

$\text{Rs.7575-00} + \text{7375-00} + \text{20000-00} + \text{13750} = \text{Rs.48700-00}$
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Formation of Child Protection Committee's at G.P's & Municipality.

As a part of Adolescent Empowerment Programme Aryan, there is a necessity of forming a strong network at the Gram Panchayat & Municipality level. Hence every Gram Panchayat & Municipality will have one Gram Panchayat Child Protection Committee. Each Gram Panchayat Child Protection Committee will consist of members not exceeding 30. The committee consist of Gram Panchayat president, a female educated Gram panchayat member, PDO, Village Accountant, ASHA, AWW, Sthree Shakti members, 6 parents, NGO representative working in the area, High School Head Masters, ANM, Supervisers of WCD Dept. SDMC President/Member and 4 Children(2boys 2girls).

The role of CPC is to look into on going training programme at school & act as network between the district & the Gram Panchayat. Trained CPC members will train the other members Panchayat members, Teachers, ASHA, AWW & Sthree Shakti group members. The trained commitee members will find children who require extra care & need tobe counselled. Such children will be taken care by CPC. CPC will be in touch with such children families & do the followup. For Eg. Incase child gives up school due to family constraints & takes up labour, child can be linked to Sponsorship Programme or Child with disability where it becomes difficult for the child to continue education can be referred to Education Dept, A child who cannot concentrate or not able to listen to his parent's can be referred to counselling centre. CPC has to be incontinued touch with DCPU, Education Dept. & Counselling Centre apart from the family itself.

By forming such kind of committies we will be able to

1. Closely monitor any uneventual activities amongst children
2. Rights of children can be effectively implemented
3. Better understanding among Children and the Elders
4. Facilitates Leadership opportunities for many children
5. Better understanding among boys and girl children
6. Elders will be able to learn about each other children

Budget :

- 30 members * Rs.50-00 (Food) = Rs.1500-00 – for each Child Protection Committee
- Rs.1500 * 115Committies = Rs.1,72,500-00
- Rs.100-00(Resource Material) * 115Committies =Rs 11500-00
- Actual TA Rs.1500*115 Committees=Rs.172500
- Flex/Board of CPC=500*115=Rs.57500
- Miscellaneous Rs. 25000
- **Total Budget Requirement** - Rs.172500+ Rs. 11500+ Rs.172500 + Rs.57500+ Rs. 25000-00 = Rs.439000-00

Adolescent Empowerment Programme

As explained in the strategies on a pilot basis, this particular part of empowerment program will be implemented in the 2 Hoblies of Gadag district

As per the education department the statistics of children aged between 11 to 14 and 15 to 18 in Gadag and Laxmeshwar are as follows.

Sl.No	Hobli's	Age	Boys	Girls	Total
1	Gadag	11 to 14	4,428	4,166	8,594
		15 to 18	5,594	5,331	10,925
2	Laxmeshwar	11 to 14	1,757	1,759	3,516
		15 to 18	1,346	1,272	2,618
	Total		13,125	12,528	25,653

Hence, All boys and girls that i.e. 25653 children will be covered by using teachers.

Implementation Procedures

Adolescent Empowerment programme will be implemented in two hoblies of Gadag District covering 25653 children. The focus will be on children who are main stream education in the first phase. The following steps will be followed in implementing the programme during the year.

Step 1: Map government and private higher primary, secondary and Pre-universities schools in the target area through the help of education department.

Step 2: Identify all 25653 children and group them into age group of 11-14 and 15- 18 years to meet their diverse needs, interests, their level of thinking and understanding.

Step 3: Identify all teachers from both the Hoblies based on the aptitude of the teachers

Step 4: prepare training modules both for the Resource team of teachers and the Teachers to be trained.

Step 5: Build network with Teacher strengthening training institutes like Azim Premji Foundation or Deshpande Foundation or NIMHANS and sign a MoU to train teachers on Adolescent empowerment programme.

Step 6: Provide Training of Trainers for 4 days for selected teachers in batches of 30 participants with the help of Azimji Premji Foundation or Deshpande Foundation. The training will consist of Adolescent behaviour, guidance, life skill education, laws related to children, adolescent disorder identification and referrals.

Step 7: 30 trained teachers on Adolescent empowerment programme will conduct adolescent and life skill education sessions to remaining teachers in batches.

Step 8: Set up Child guidance clinic in each Taluka with two Counselors to provide individual and family counseling and help in behaviour change. One of the counselors will visit the schools on a monthly basis to meet children or for referral services. Once in a month on a regular basis a psychiatrist shall be available in the clinic for consultation.

Step 9: Conduct Follow-up training to resource team of teachers once in every 6months and prepare follow-up action plan.

Step 10: Conduct impact assessment and advocate for scaling up the intervention at District and State Level.

Budget :

Resource team Training (TOT):

- 30 teachers * 3 days * Rs.300-00 = Rs.27000-00 (Food)
- Contingency - Rs.4000-00
- Training Material – Rs. 200 * 30 members = Rs.6000-00
- Honorarium to Resource person – Rs.1500-00 * 9 members =Rs.13500-00
- Actual TA – Rs.10000
- Room Rent – Rs.1500-00 * 3 days = Rs. 4500-00

Rs.27000-00+ Rs.4000-00+ Rs.6000-00+ Rs.13500-00+ Rs.10000
+ Rs. 4500-00= **Rs. 65000-00**

- Trained Teachers (TOT) will inturn train remaining 1240 teachers. 1240 Teachers will be divided into 40 batches, each batch consisting of 30 Teachers. Hence,
40 batches * 30 teachers * Rs.75 (Food) *2= Rs.180000-00
40 batches * 30 teachers * Rs.75 (Resource material) = Rs.90000-00
Miscellaneous Rs.15000

Rs.180000-00+ Rs.90000-00+ Rs.15000= **Rs. 285000-00**

- **Total Budget Required** –

TOT + Teachers Training – Rs. 65000-00+ Rs. 285000-00= Rs.350000-00

Strengthening of SJPU

In order to avoid the fear amongst children regarding the police there is a need to bring children to police station & contribute towards formation of child friendly police stations. By forming a child friendly police stations police will also know the thinking, ideas, wants of children, the kind of energy etc. Accordingly children will also become aware of things not to be done & what to be done to become a responsible citizen. By doing so number of petty offences done by children will come down drastically. In the long run children will also become informers to the police & DCPU whenever there is violation of child rights which also reduces child beggary, child labour, child marriage. This leads to bringing up a healthy atmosphere in the society.

20 visits to each 13 police stations by team of 50 children each time shall be taken up.

Budget :

- Rs.40-00(Food/TA) * 13 Police Stations * 50 Chd. = Rs.26000-00

IEC for Advocacy :

Rs.200000.00 for developing brochures, pamphlets.

Setting up of Child Guidance Clinic

Children with deviant behaviour, poor concentration, children who want to excel, parent child counselling is need of the hour. To set up a child guidance clinic 01 counsellor, 01 outreach worker and visiting psychologist need to be appointed.

01 counsellor * Rs. 8000 *12months=Rs.96000-00

01 outreach worker*Rs. 5000*12=Rs.60000-00

01 psychologist*Rs. 3000*12=Rs.36000-00

Rs.96000-00+ Rs.60000-00+ Rs.36000-00=Rs.192000-00

01 Coordinator need to be appointed to monitor overall Project. Coordinator appointed for 12months placed in DCPO office shall be given Rs. 10000-00 per month.
10000*12=120000

Grand Total budget of the project=Rs.1375700-00

Expected Result: The project will give rise to positive results building 25653 children with adolescent positive energy

- Develop a healthy atmosphere amongst children of either sex.
- Lessen the gender gap in the long run.

- Sharpen their around personality with positive attitude and life skill.
 - Reduce the number of crimes by boys/boys with conflict/contact with Law.
 - Reduce the violation/exploitation/sexual abuse/misuse of children.
 - Prevent the number of rapes and other heinous crimes by children.
 - Sustain children in mainstream education and enhance their learning capacity
 - Improve the responsibility of civic sense of children towards the society.
- Convergence of Education, health and Women and child development departments for adolescent empowerment.